



Workers'
Compensation
Board

YOU WERE INJURED ON THE JOB WHAT NOW?

It's easy to file an **Employee Claim (Form C-3)** with the NYS Workers' Compensation Board (Board) if you lost time and/or received treatment for an on-the-job injury or illness.

FILE ONLINE

Visit **wcb.ny.gov/file-claim** to submit **Form C-3** online. It's the fastest way to file your claim.

FILE BY MAIL

Form C-3 is available from your employer, at **wcb.ny.gov/file-claim**, and at Workers' Compensation Board offices. To schedule an appointment to pick up a form at a Board location, go to: **wcb.ny.gov/locations**.

CALL: (877) 632-4996

Representatives are available to answer your questions regarding filing **Form C-3**.

REMEMBER

You should inform your employer you were hurt or made ill at work as soon as possible. By law, you are required to notify your employer in writing within 30 days of the incident.

Check out one of our recorded webinars for workers at **wcb.ny.gov/recorded-webinars**.



Call: **(877) 632-4996**

8:30 a.m. – 4:30 p.m., Monday – Friday



Email: **advinjwkr@wcb.ny.gov**



Visit: **wcb.ny.gov**