

Medical Treatment Guidelines

Category of Treatment Quick Reference

Categories of Treatment	Definition	Authorization Requirements	Treatment Requirements	Limits on Visits	Form for Request
Treatment of Original Injury	The course of treatment according to MTG recommendations following the original injury.	Care provided according to MTG recommendations is pre-authorized. <i>Limited exceptions apply</i>	Care must conform to MTG recommendations. Must perform re-evaluation to ensure that treatment is producing benefit (documented objective functional improvement/gains as a result of treatment).	Varies according to treatment modality. <i>See specific MTG recommendations</i>	None Required
Treatment requiring a Variance	Treatment which exceeds the frequency/duration limits recommended in the MTG or treatment not recommended or not addressed in the MTGs.	Variance request, MG-2, must be approved by the Carrier or WCB before requested care is performed.	Must demonstrate objective functional improvement/gains as a result of previously provided treatment when request is for treatment beyond frequency/duration limits.	Variance is permitted when objective functional gains toward ultimate functional goals are documented.	MG-2
Ongoing Maintenance Care	Treatment that is part of a functional maintenance program for claimant with a chronic condition who has reached MMI.	PT, OT, or Spinal Manipulation performed according to MTG criteria is pre-authorized.	Claimant must have reached MMI and specific objective goals should be identified and measured. Treatment must be part of a comprehensive self-maintenance program, which includes: a home based, self-directed, self-management program; periodic (at least once annually) treatment withdrawal; and documented loss of function during treatment withdrawal.	Up to 10 visits per year. <i>No variance permitted</i>	Not Applicable
Treatment of Exacerbation	Properly documented treatment of an objective change from baseline function to restore claimant to such baseline function.	Care provided according to MTG recommendations for treatment of original injury is pre-authorized. <i>Limited exceptions apply</i>	Provider must document: when and how the exacerbation occurred; objective changes from baseline function; type and frequency of treatment to return patient to baseline function; and patient's response to treatment through documented measures of functional improvement.	See limits on treatment for Original Injury, including applicability of Variance.	Follow guidelines for Original Injury or Variance, as appropriate.